



**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
March 2019**



Monday		Tuesday		Wednesday		Thursday		Friday	
25	<u>BREAKFAST</u> Fruit Mini-Muffin Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Dog B. BBQ on Roll C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce Orange	26	<u>BREAKFAST</u> Egg & Cheese Omelet Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Parmesan B. BBQ on Roll C. P.B. & Jelly Peas Buttered Pasta Celery Apple Fruit Juice	27	<u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Shepards Pie B. BBQ on Roll C. P.B. & Jelly Green Beans Roll w/spread Peaches Banana	28	<u>BREAKFAST</u> Mini-Waffles Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Fajita B. BBQ on Roll C. P.B. & Jelly Pretzel-Salsa Cheese-Lettuce & Tomatoes Strawberry Cup	1	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza B. BBQ on Roll C. P.B. & Jelly Carrots Salad Pineapples Grapes
4	<u>BREAKFAST</u> Cinni Mini Bun Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Strips/Roll B. Pizza C. P.B. & Jelly Green Beans Mashed Potatoes Mixed Fruit Cherry Turnover	5	<u>BREAKFAST</u> Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Meatball Hoagie B. Pizza C. P.B. & Jelly Potato Fries Bake Beans Clementine Mixed Berry Cup	6	<u>BREAKFAST</u> Pop Tart Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Rice Cucumber Slices Pineapples Grapes	7	<u>BREAKFAST</u> Nutri-Grain Bar Fresh Fruit or Juice Milk <u>LUNCH</u> A. Ham Sub B. Pizza C. P.B. & Jelly Lettuce Tomato Cup Baked Chips Carrots Mandarin Oranges Peach Cup	8	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Mozzarella Bread Sticks B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Blueberry Crumb
11	<u>BREAKFAST</u> French Toast Syrup Cup Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly French Fries Baby Carrots Lettuce & Tomatoes Peaches	12	<u>BREAKFAST</u> Fruit Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Pattie B. Hot Dog C. P.B. & Jelly Potato Fries Bean Salad Lettuce Tomato Cup Oranges Applesauce Cup	13	<u>BREAKFAST</u> Oatmeal Bar Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. French Toast Sticks B. Hot Dog C. P.B. & Jelly Hash Browns Baby Carrots Juice Cup Banana	14	<u>BREAKFAST</u> Graham Crackers Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Beef Taco B. Hot Dog C. P.B. & Jelly Salsa - Cheese Soft Pretzel-Refried Beans Lettuce Tomato Cup Grapes Sherbet	15	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Macaroni & Cheese B. Hot Dog C. P.B. & Jelly Green Beans Stewed Tomatoes Apple Slices
18	<u>BREAKFAST</u> Apple Frudel Fresh Fruit or Juice Milk <u>LUNCH</u> A. BBQ Rib B. Pizza C. P.B. & Jelly Pasta Salad Cucumbers Mandrian Oranges Strawberry Cup	19	<u>BREAKFAST</u> Chocolate Chip Waffle Fresh Fruit or Juice Milk <u>LUNCH</u> A. Sliced Ham & Cheese B. Pizza C. P.B. & Jelly Potato Tots Celery & Carrots w/Dip Banana Apple Slices	20	<u>BREAKFAST</u> Whole Grain Cereal Mini Muffin Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pasta w/meatsauce B. Pizza C. P.B. & Jelly Cucumbers Garbanzo Beans Romaine Salad Mandarin Oranges Pears	21	<u>BREAKFAST</u> Breakfast Pizza Fresh Fruit or Juice Milk <u>LUNCH</u> A. Turkey Sub B. Pizza C. P.B. & Jelly Lettuce Tomato Cup Baked Sun Chips Baby Carrots Applesauce Peach Cup	22	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Toasted Cheese B. Pizza C. P.B. & Jelly Veggie Cup Fruit Choice Sherbet

Breakfast..... \$1.10
 Breakfast (Reduced)... \$0.30
 Lunch (Reduced)..... \$0.40

LUNCH
 Elementary..... \$2.35
 Middle School..... \$2.45
 High School..... \$2.65

*MENUS SUBJECT TO CHANGE AS REQUIRED.
 Choice of fresh fruits, salads and vegetables daily
 Choice of 1%, chocolate and skim milk available daily