



**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
January 2018**



Monday		Tuesday		Wednesday		Thursday		Friday	
1	<u>BREAKFAST</u> Winter Break	2	<u>BREAKFAST</u> Winter Break	3	<u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Steak B. Chicken Patties C. P.B. & Jelly Corn French Fries Peaches Banana	4	<u>BREAKFAST</u> Mini-Waffles Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Fajita B. Chicken Patties C. P.B. & Jelly Lettuce-Tomatoes-Salsa Cheese-Soft Pretzel Fruit Sherbet Pears	5	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza Wedge B. Chicken Patties C. P.B. & Jelly Baby Carrots Summer Blend Vegetables Pineapples Grapes
9	<u>BREAKFAST</u> Cinni Mini Bun Fresh Fruit & Juice Milk <u>LUNCH</u> A. Meatball Hoagie B. Pizza C. P.B. & Jelly Green Beans Mashed Potatoes Mixed Fruit Yogurt	10	<u>BREAKFAST</u> Pancakes Fresh Fruit & Juice Milk <u>LUNCH</u> A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (HS) Pears Clementine	11	<u>BREAKFAST</u> Pop Tart Whole Grain Cereal Fresh Fruit & Juice Milk <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Rice Cucumber Slices Pineapples Grapes	12	<u>BREAKFAST</u> Nutri-Grain Bar Fresh Fruit & Juice Milk <u>LUNCH</u> A. Ham Sub B. Pizza C. P.B. & Jelly Baby Carrots - Sun Chips Lettuce & Tomatoes Apple Crumb	13	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Fish Sticks B. Pizza C. P.B. & Jelly Celery w/Dip Potato Rounds Banana Applesauce
15	<u>BREAKFAST</u> IN SERVICE	16	<u>BREAKFAST</u> Fruit-Filled Pancakes Fresh Fruit & Juice Milk <u>LUNCH</u> A. Beef Chili B. Hot Dog C. P.B. & Jelly Bread Stick Salad-Cucumber Slices Pineapples Oranges	17	<u>BREAKFAST</u> French Toast Sticks Fresh Fruit & Juice Milk <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce & Tomatoes Hash Brown Pears Peaches	18	<u>BREAKFAST</u> Graham Crackers Yogurt Fresh Fruit & Juice Milk <u>LUNCH</u> A. Taco in a bag B. Hot Dog C. P.B. & Jelly Salsa - Cheese Soft Pretzel Lettuce Tomato Cup Refried Beans-Grapes Fruit Sherbert	19	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Mac & Cheese B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Stewed Tomatoes Apple Pineapples
22	<u>BREAKFAST</u> Pop - Tarts Fresh Fruit & Juice Milk <u>LUNCH</u> A. Chicken Strips B. Pork BBQ C. P.B. & Jelly Mashed Potatoes Winter Blend Vegetables Mixed Fruit	23	<u>BREAKFAST</u> Chocolate Chip Waffle Fresh Fruit & Juice Milk <u>LUNCH</u> A. Hot Ham & Cheese B. Pork BBQ C. P.B. & Jelly Potato Tots Baked Beans Banana Juice Cup	24	<u>BREAKFAST</u> Whole Grain Cereal Mini Muffin Fresh Fruit & Juice Milk <u>LUNCH</u> A. Beef A Roni B. Pork BBQ C. P.B. & Jelly Cucumbers String Cheese Romaine Salad Mandarin Oranges Pears	25	<u>BREAKFAST</u> Breakfast Pizza Fresh Fruit & Juice Milk <u>LUNCH</u> A. Turkey Sub B. Pork BBQ C. P.B. & Jelly Lettuce-Tomato Sun Chips-Baby Carrots Pears Apple Slices	26	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pierogies B. Pork BBQ C. P.B. & Jelly Corn Salad Grapes Tropical Fruit

Breakfast..... \$1.10 LUNCH
Breakfast (Reduced)... \$0.30
Lunch (Reduced)..... \$0.40

Elementary..... \$2.35
Middle School..... \$2.45
High School..... \$2.65

*MENUS SUBJECT TO CHANGE AS REQUIRED.
Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily